



“Focus on Success”

Technology, Sexting, Pornography and Healthy Relationships

Program Outline: 7th-12th grades

Positive and Negative Aspects of Technology

“What is it?”- Students play a fun, interactive game that shows examples of “old” technology
Examples are provided of both positive and negative tech stories pertaining to today’s teenagers
8 Healthy Tech Tips and Media Myths will be provided throughout the program

Sex-Saturated Society

Historical and cultural trends combined with technology advances have changed society’s values about sexuality

Objectification of Women- as seen in TV and social media

Sexting

Legal, social and emotional consequences of sexting

Short- and long-term impact with family, friends, future colleges and employers

An illustration demonstrates how quickly a single picture can spread

How sexting can turn into sextortion and revenge porn- a form of blackmail

Pornography

Four Lies of Pornography

How pornography trains the brain to prefer “fake” over “real” sex

Pornography can lead to Addiction, Dopamine Cycles, Porn Impotence/Erectile Dysfunction

The connection between pornography and human trafficking

What we see affects our values, and our values affect our behavior

Healthy Relationships

Healthy technology choices- Relocate it, Reduce it, Replace it

Healthy Relationships include Respect, Trust, Honest Communication, Freedom

Conclusion- choose the best! Aim for success!

Survey

A voluntary, anonymous survey is offered at the conclusion. Aim for Success sends the survey results and student comments back to the school.