

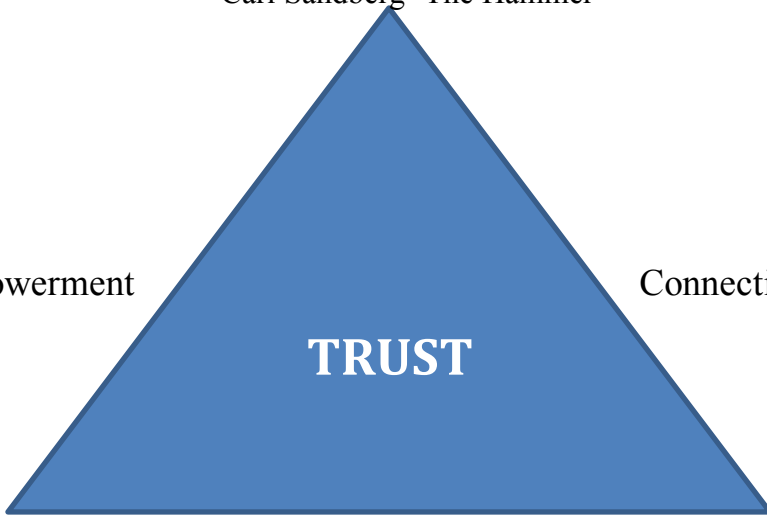
*I have seen  
The old gods go  
And the new gods come.  
Day by day  
And year by year  
The idols fall  
And the idols rise  
Today  
I worship the hammer*  
Carl Sandberg 'The Hammer'

Humiliation ← Empowerment

↓  
Self Inflation

Connection → Rejection

↓  
Self Gratification



**I. Illusion of Permanence**

- (a) Change instead of transition
- (b) Status Quo
- (c) Chronic fatalism

**I. Sacredness & Affect**

- (a) Addictions
- (b) Relationships
- (c) Thoughts/Feelings

Safety  
↓  
Abandonment  
↓  
Self Absorption

**II. Bane of Extraordinary**

- (a) Dreams
- (b) Achievements
- (c) Power/Control

**I. Narcissism**

- (a) Problems
- (b) Appearance
- (c) Leadership

**II. Conformity**

- (a) Codependence
- (b) Tribalism
- (c) Family Superiority

**II. Materialism**

- (a) Possessions
- (b) Repression of Beauty
- (c) Technology